

From: Rationalists of East Tennessee admin@rationalists.org
Subject: October RET Newsletter
Date: October 1, 2015 at 6:27 AM
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TR

RET's not so spooky news.



Rationalists of East Tennessee Newsletter

October 2015

First Sunday Meeting

October 4 Sunday 10:30 - 12:30

Pellissippi State Community College, Goins Building, Cafeteria Annex

This Sunday we will have a fairly short presentation on the new RET website with its new features. A computer will be available so members can get set up and logged into the new site. Assistance will also be available.

Following the web site presentation there will be a variety of interesting, informative and humorous clips and slides related to Freethought activity in its various forms and expressions.

[Get Directions](#)

The RET Skeptic Book Club

October 11 Sunday 2:00 – 4:00 pm

Location: Books-A-Million at 8513 Kingston Pike, Knoxville.

The Book for our October Meeting will be “Hardwiring Happiness: The New Brain Science of Contentment, Calm, and Confidence” by Rick Hanson. Why is it easier to ruminate over hurt feelings than it is to bask in the warmth of being appreciated? Because your brain evolved to learn quickly from bad experiences but slowly from the good ones. You can change this. “Hardwiring Happiness” lays out a simple method that uses the hidden power of everyday experiences to build new neural structures full of happiness, love, confidence, and peace. Dr. Hanson’s four steps build strengths into your brain—balancing its ancient negativity bias—making contentment and a powerful sense of resilience the new normal. In mere minutes each day, we can transform our brains into refuges and power centers of calm and happiness.

RET Third Sunday Meeting

October 18 Sunday 10:30 a.m.

Pellissippi State Community College, Goins Auditorium

Professor Richard Jantz of the University of Tennessee will present a lecture titled "What Kennewick Man Can Reveal About Colonization of America and How He Came to Tell His Story". "Kennewick man" is the name given to a skeleton found on the banks of the Columbia River near Kennewick, Washington in 1996. It is one of the most complete and most extensively studied of any early American skeletons.

Ironically, it was almost not studied at all because the Army Corps wished to turn it over to local tribes without study. Only a lawsuit prevented reburial without study and allowed scientists the opportunity to study it. This presentation will discuss how the skeleton came to be studied and some of the insights into early American life it has taught us.

RET Reflections Meeting

NO October Meeting Sunday 1:00 p.m.

- **Highway clean-up**
-
- **October 24 Saturday 1:00 PM**
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- Lovell Road Burger King - Pellissippi Parkway

The Fall trash pickup on the Pellissippi Parkway will begin at 1:00 pm on Saturday, October 24. Participants should meet at the Burger King on the northeast corner of Lovell Road and the Pellissippi Parkway to pick up trash bags etc.

Remember gloves, good shoes and a "picker-upper" if you have one.

RET/ASK Freethought Forum TV

Tuesdays 5:00 – 6:00 pm

October 13 Freethought Singer Shelley Segal will be live on the show and will sing for us.

Note: We are also trying to arrange for her to perform a show but are still having difficulties locating a venue. (Are there any possibilities around the 13th that anyone is aware of?)

Freethought Forum TV is looking for people to be on the show. Contact Larry Rhodes or Lee Erickson if you are interested.

Knoxville: Comcast Channel 12 Charter Channel 6 Free streaming on ctvknox.org.

Right after the show a co-host of the program holds The Atheist Society of Knoxville Meet-up at Barley's on Jackson Avenue in Knoxville's Old City. Volunteer hosts and suggestions for topics would be welcome for all of these programs. Contact Larry Rhodes at larryr@usit.net or Lee Erickson at forresterickson@comcast.net.

Sunday Assembly Knoxville Live Better, Help Often, Wonder More

October 25, Sunday - This month's theme is "DEATH (HAPPY HALLOWEEN)" Location and time TBA

Be sure to check the location on one of the sites listed. It is going to change, possibly before the Oct. meeting.

For other SA activities go top <http://knoxville-tn.sundayassembly.com> and click on "Calendar."

Email: saknoxville@gmail.com

Website: <http://knoxville-tn.sundayassembly.com/>

Facebook: <https://www.facebook.com/pages/Sunday-Assembly-Knoxville/595906073848559>

Meetup: <http://www.meetup.com/Sunday-Assembly-Knoxville/>

Freedom From Religion Foundation convention in Madison Wisconsin on October 9 - 11

[Atheist Alliance of America](#) conference in Atlanta on October 15 -18

Remember: RET's New Web Site and Wild Apricot (Membership management software)

TO LOG IN

Go to Rationalists.org. There, just above The Thinkers head, you will see a "Login" button. That's right, click on it. Use the email address that is already associated with RET contacts and mailings and click on "Forgot Password". There you will enter the email address and Captcha code. From there follow the directions.

Extra Curricular Event:

On Saturday Sept. 26 Larry Rhodes, Carl and Aleta Ledendecker set up a table on Market Square during the Farmer's Market. Information on RET, ASK, Freethought TV and Sunday Assembly was available from 11:00 AM until 2:30 PM. Thirty people stopped by and most took cards and literature. About twenty of the visitors were local. Only one devout Christian felt the need to make negative comments (twice).

Several people came by just to thank them for being there.

Quote Time

Believe nothing, O monks, merely because you have been told it ... or because it is traditional, or because you yourselves have imagined it. Do not believe what your teacher tells you merely out of respect for the teacher. But whatsoever, after due examination and analysis, you find to be conducive to the good, the benefit, the welfare of all beings – that doctrine believe and cling to, and take it as your guide.

Gautama Buddha

A metaphysician is a blind man in a dark room looking for a black cat that isn't there, and a theologian is one who finds the cat.

Anonymous

Reality is that which, when you stop believing in it, doesn't go away.
Philip K. Dick

"God found out about the Trinity in 325 A.D."
Rocco A. Errico, Ph.D. Lecturer, author, Bible scholar, ordained minister

"I may as well level with you. There's no god, nobody makes everything right in the next world, and when you die you rot. On Easter all that really happened is that Jesus rolled back the stone, saw his shadow, and the Holy Land had six more weeks of winter."
Tom Flynn U.S. author, editor, humanist

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